Useful Websites

Helping children and families experiencing bereavement and loss

Below is a list of websites with resources to support families experiencing bereavement and loss. This is not an exhaustive list, but a small selection of resources that have been recommended to us.

www.winstonswish.org.uk

Winston's Wish was the UK's first childhood bereavement charity. The organisation has been supporting bereaved children since 1992 and they continue to lead the way in providing specialist child bereavement support services across the UK. This includes in-depth therapeutic support in individual, group and residential settings, as well as a Freephone National Helpline, training for professionals and specialist publications.

www.childbereavement.org.uk

This organisation helps children and young people (up to age 25), parents, and families, to rebuild their lives when a child grieves or when a child dies. We also provide training to professionals, equipping them to provide the best possible care to bereaved families.

https://www.cruse.org.uk/

We offer support, advice and information to children, young people and adults when someone dies. Cruse operates across the country with local offices.

https://www.hopeagain.org.uk/

Hope Again is the youth website of Cruse Bereavement Care. It is a safe place where you can learn from other young people, how to cope with grief, and feel less alone. Here you will find information about our services, a listening ear from other young people and advice for any young person dealing with the loss of a loved one. Hope Again provides somewhere to turn to when someone dies.

https://www.wehearyou.org.uk/

We Hear You provides free therapeutic support to children, families and individuals in Bath and North East Somerset, Somerset and Wiltshire affected by cancer and other life-threatening conditions. We do this through a variety of services - find out more on our 'Get Support' pages. WHY's vision is a world where free access to high quality therapeutic support is available when and where it is needed for everyone affected by cancer and any other life-threatening conditions.

www.childline.org.uk